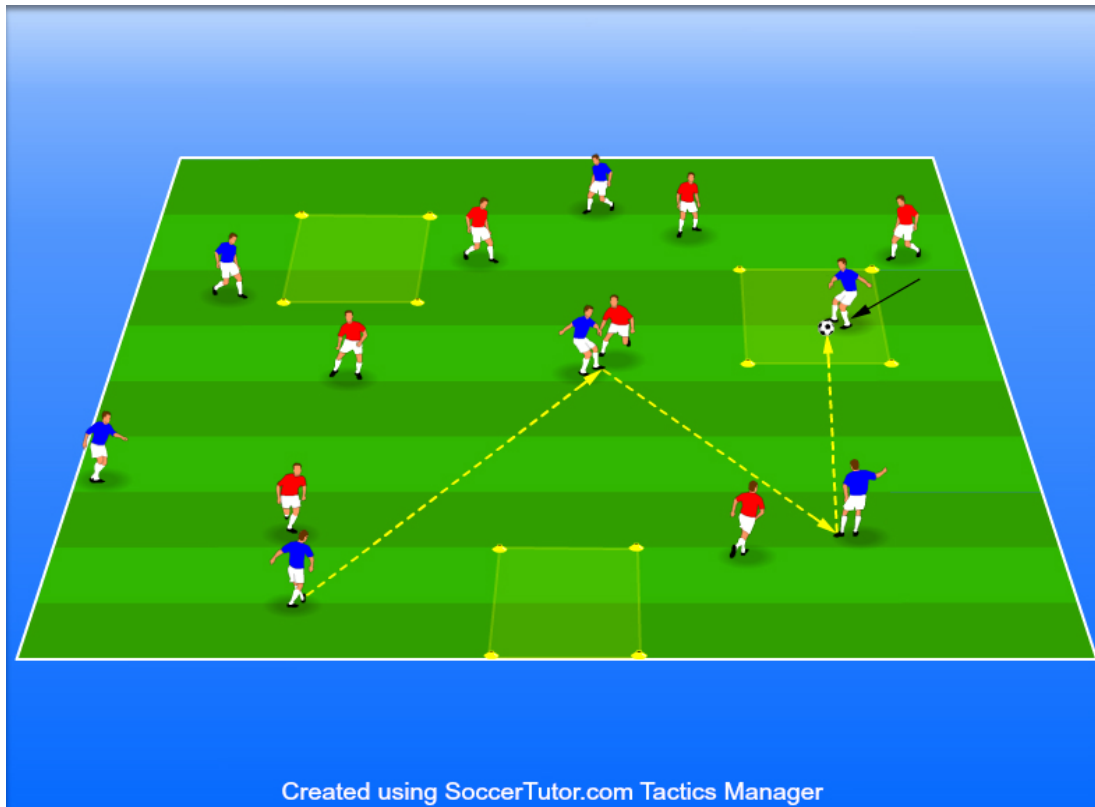


## Creating Space to Receive in a 7v7 Game



**Levels:** U9-12

**Measurement:**

35 x 35 Yards

**Duration:** 20-25 Mins

**Players:**

14

**Objective:** Creating space to receive the ball

**Description:** A game of 7v7 is played in an area 35 x 35 yards with 3 squares 4 x 4 yards.

A goal is scored when a player successfully receives the ball in one of the squares free of any marking.

The defending team are not allowed to enter the squares.

**Coaching Points:**

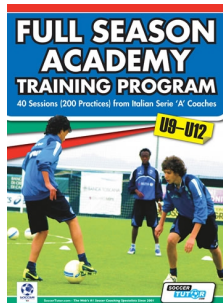
1. Correct body shape (open up on the half turn) and positioning is important to view where the options for where the next pass is going.
2. Checking away from the marker before moving to receive will be essential to creating space.

**Progression:** Increase the number of the boxes.

## Creating Space to Receive in a 7v7 Game

### This Drill is Taken From...

### By Coach



40 Sessions (200 Practices) From Italian Serie 'A' Coaches

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Mirko Mazzantini

ACF Fiorentina  
Academy Coach .

### Equipment Needed



#### Space Markers



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#### Rubber Marker Discs



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#### Training Ball



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#### Mini Pro Cones



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