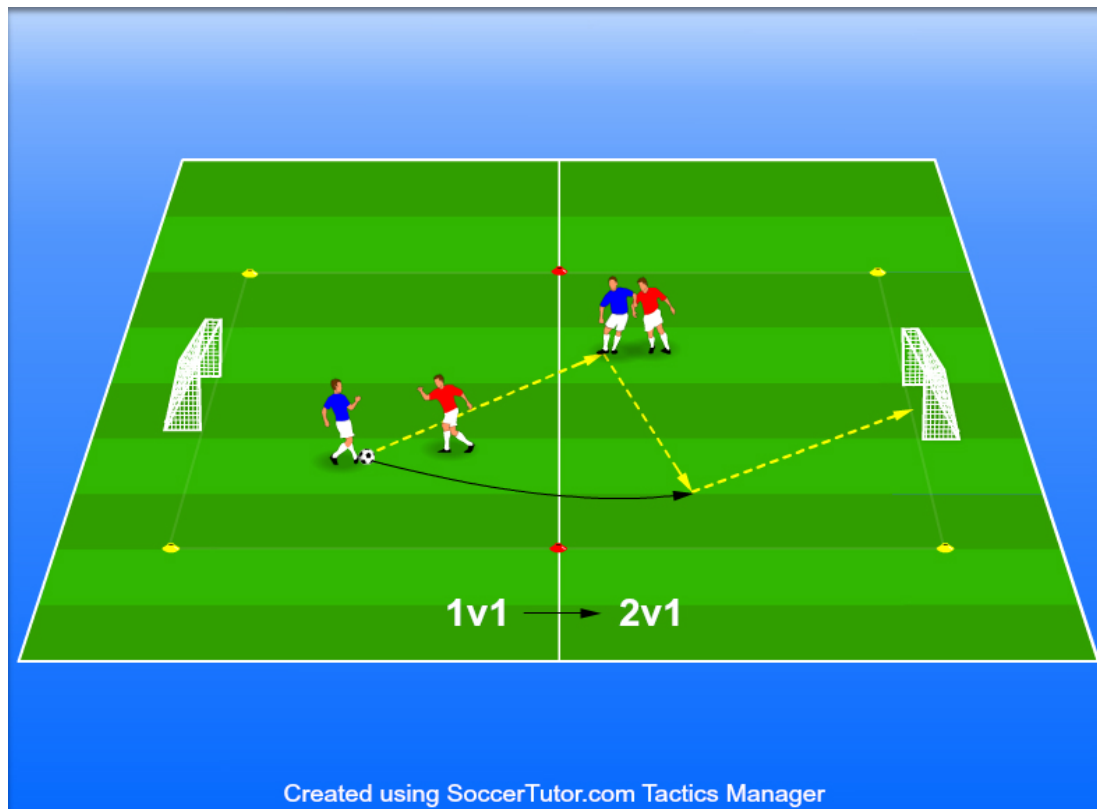


Creating a Numerical Advantage (1v1 > 2v1)



Levels: U13-15

Measurement: 20 x 10 Yards

Duration: 20 Mins

Players: 4

Objective: Creating a Numerical Advantage

Description: Set out areas of 20 x 10 yards split into 2 zones. In each zone we have a 1v1.

Once the ball is passed to the teammate in the other zone, the player can join in the attack to form a 2v1 situation. The players use this advantage to score.

Coaching Points:

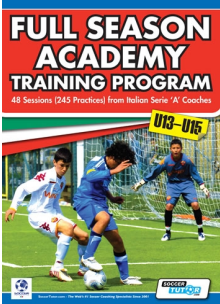
1. The pass should be made quickly forward, combined with a run into the space.
2. The player waiting in the attacking half should check away from the defender before moving into space to receive.

Progression: 2 v 2 game

Creating a Numerical Advantage (1v1 > 2v1)

This Drill is Taken From...

By Coach



48 Sessions (240 Practices) From Italian Serie 'A' Coaches

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Simone Bombardieri

Empoli FC Academy Coach .

Equipment Needed



Space Markers



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Rubber Marker Discs



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Training Ball



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Mini Pro Cones



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