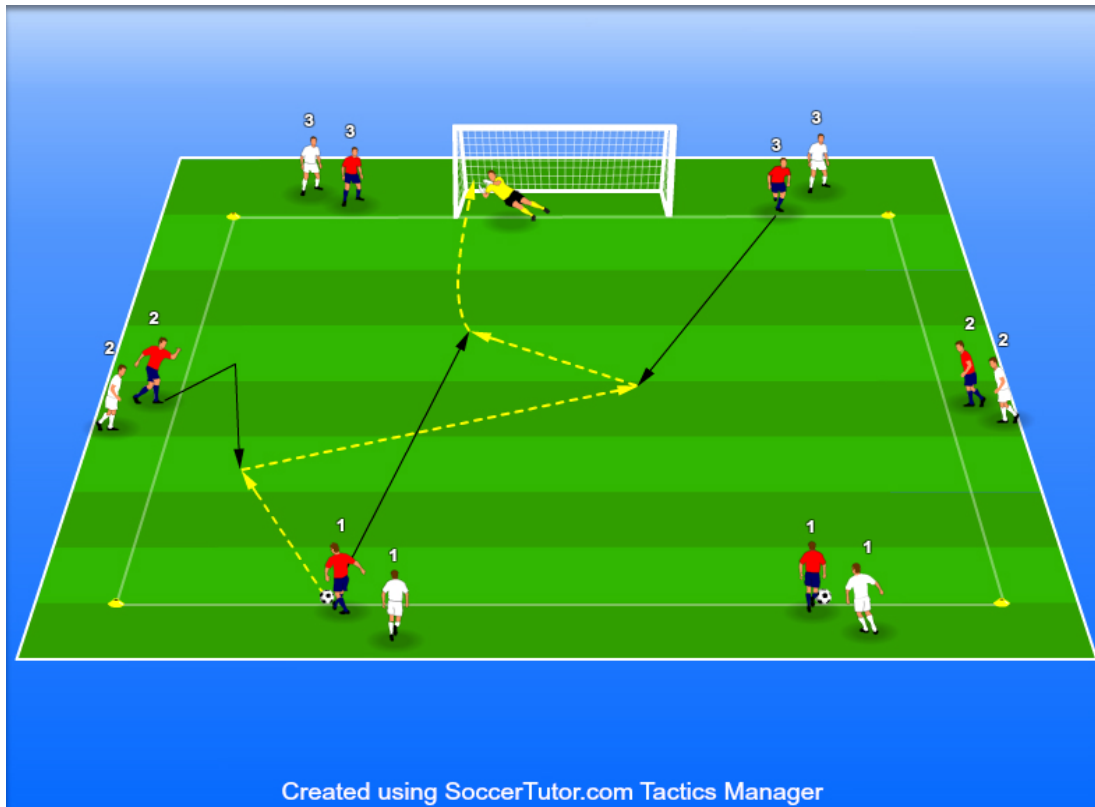


One Touch Combination Play and 3rd Man Run with Finishing



Levels: U12-18+

Measurement:

30 x 309 Yards

Duration:

Players:

12

Objective:

We have the same objectives as the previous practice, but we also now work on finishing.

Description:

In an area 30 x 30 yards we work with 12 players and a goalkeeper. We have 6 positions with 2 players on each one. We have 2 groups and each group has 3 positions (numbered) with 6 players.

Player 1 passes to player 2 who checks away from the cone before receiving. Player 2 passes to Player 3 who has run deep to receive.

As soon as Player 1 has played his pass, he moves forward towards goal (third man run) and receives the first time pass from Player 3 and shoots at goal.

Each player in the first group move up one position (1 to 2, 2 to 3, 3 to 1). The drill continues with the second group. Player 1 on the right starts the same sequence.

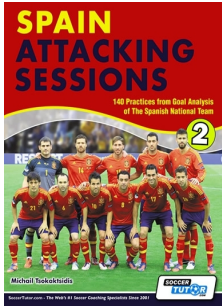
Coaching Points:

1. The players need to use the correct angles and body shape to be able to make the right passes.
2. Player 2's first movement should be the same as if checking away from a marker before moving to receive.

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This Drill is Taken From...

By Coach



140 Practices From Goal Analysis of the Spanish National Team

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Michail Tsokaktsidis

UEFA 'A' Coach .

Equipment Needed



Space Markers



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Rubber Marker Discs



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Small Target Goals



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Training Ball



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Mini Pro Cones



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